



SOFEA Enabling the transformation of peoples lives

How does SOFEA support young people?

Too many 14–24 year olds are disengaged with mainstream education. They fall out of it and leave with no qualifications and very few skills. At the same time, too many people rely on food donations when there's a large amount of food surplus in the supply chain.

We saw a way of connecting the two problems, so we could address them both.

Mission

To enable the transformation of people's lives, and their communities, with a major focus on young people.

SOFEA is focussed on people and we have lots of tools in the box, we enable people to fulfil their potential through:

Work | Wellbeing | Study | Purpose projects



 www.sofea.uk.com

Work

Our purpose projects give young people access to practical skills training and real work experience. They'll develop specific skills like forklift truck driving and inventory management. And we'll teach the general employability skills (self-management, teamwork and communication) that can help in any role. Some even go on to work permanently with us. Every job they do with us benefits the community – and we pay the Oxford Living Wage.

Wellbeing

We broaden horizons. We provide therapeutic support. We foster behavioural change. From emotional and relationship management to outdoor survival skills, fitness activities to practical support on things like personal finance, career planning and cooking, we help build resilience for life.



Study

Maths and English to GCSE level. A diploma in Team Leading. An accredited programme of employability skills and qualifications in personal development, employability and warehousing and logistics. SOFEA's personalised programmes equip our young people with the qualifications they didn't get the first time round, and skills for the future.

Purpose Projects

We set out to give life-changing support to young people in our communities. Then we realised that they could help us do so much more. Study. Wellbeing. Work. It's by focusing on all three elements that we make a difference to the young people and adults we support. But work has to be practical. So our people work on Purpose Projects that benefit our local communities whilst building the confidence and interpersonal, teamworking and leadership skills that can serve them well for life.

Impact

60 The number of young people per year who complete our study programme with 90% of them passing.

150 young people per year build the skills and confidence to progress to full time work or return to education.

40 is the number of young adults per year are no longer long term unemployed.

150 charities are supported by our food enterprise.

5 million meals provided per year.

1,700 tonnes of food per year is prevented from becoming landfill.

Numbers as per 2020.

